



**7 - 9 NOVEMBER  
EVENT GUIDE**

MAJOR SPONSOR





## THANK YOU FOR REGISTERING FOR THE DRIVE FOR MND 2025!

Now in it's 13<sup>th</sup> year, our mission remains the same - we're on a journey to find a cure and until one is found, we will continue to raise funds to support families living with MND in Western Australia.

Your registration means you have decided to join us on this journey and will help us make a difference to everyone who is, and has been, affected by the beast that is Motor Neurone Disease.

## WHAT THE JOURNEY LOOKS LIKE;

- Supporting the **WA MND Research Consortium** in clinical research with the mission to investigate and understand the causes of MND and develop effective therapeutics, and;
- Purchasing equipment for the **Motor Neurone Disease Association of WA** to support those living with MND in Western Australia. This includes items such as cough assist machines, lift beds, mobility equipment and other items to help improve their quality of life.



From L to R:  
CCS Director Mark Whiteman,  
MNDWA President Guy Marchesani,  
CCS Director David Whiteman and  
MNDWA CEO Maeve Egan

This booklet contains all the information you need and what to expect on the Drive for MND. Even if you are a seasoned participant, please make sure you read through it as we're doing things a little differently this year! If you have any additional questions, please reach out via email [enquiries@carecuresupport.org](mailto:enquiries@carecuresupport.org).

# What to expect

## DAY 1: FRIDAY 7TH NOVEMBER

Participants are required to check in their team and cars' on Friday morning at the Mirrabooka International Softball Centre, 27 Chesterfield Rd, Mirrabooka WA 6061. Thanks to the support of QBit IT and Softball WA, participants will enjoy a breakfast with the opportunity to meet other teams. Over breakfast you will be provided with an event briefing before being told to "Saddle up!" and hit the road - an expression you will become very familiar with throughout the event.



The Drive is 100% organised and run by volunteers. Ken MacLennan, CCS Director leads the team of volunteers and maps out the journey each year

After a day on the road visiting several towns and attractions, you'll arrive in Mandurah where you will be staying the night. You are required to book your own accommodation in Mandurah and as a popular tourist destination we recommend you book in advance to ensure you secure the right room for your needs. Dinner on the first evening will be at Murphy's Irish Pub so keep this in mind when booking your accommodation.

Here are some suggested accommodation options nearby;

- **The Foreshore Motel**, 2 Gibson St, Mandurah. Approximately 5min walk from Murphy's Irish Pub. <https://foreshoremotel.com.au> | 08 9535 5577
- **The Sebel Mandurah**, 1 Marco Polo Dr, Mandurah. Approximately 15min walk from Murphy's Irish Pub. <https://www.sebelmandurah.com.au/> | 08 9512 8300
- **Mandurah Ocean Marina Chalets**, 6 The Lido, Mandurah Approximately 15 min walk from Murphy's Irish Pub <http://www.marinachalets.com.au> | 08 9535 8173

In the past the first evening has been a ticketed, fundraising event with a live and silent auction. This year it will be dinner and live music with a raffle and some other small fundraising activities. Everyone at the venue is welcome to join in on the evening (excluding dinner) and help us raise awareness for Motor Neurone Disease.



# It's a Mystery

## DAY 2: SATURDAY 8TH NOVEMBER DRESS UP DAY & NIGHT

There is not much we can share about Day 2 as we lead you to the Mystery Destination. What you do need to know is that it is dress up day and night. During the day we encourage participants to **dress in blue** to honour those who are living with or lost their battle to MND. Blue being a representation of the blue cornflower - the MND international symbol of Hope. The evening's event dress up theme is **"Back to School"**. There is a prize for the best costume so we encourage you to get creative.

Accommodation is included on the second evening and the event committee will organise your sleeping arrangements. Please ensure you email [enquiries@carecuresupport.org](mailto:enquiries@carecuresupport.org) if you have any special requirements. Please note that **all drinks (both alcoholic and non-alcoholic) are BYO** (Bring Your Own) so you will be required to purchase these before the evenings event.



Last year's dress up theme 'Gangsters'



Swim for Jim, our long standing highest fundraisers

## DAY 3: SUNDAY 3RD NOVEMBER HOME TIME!

On the morning of Day 3 you will enjoy breakfast at the mystery destination which will include a celebration of the highlights from the Drive weekend and prize giving. From there everyone will make their way home in their own time.

## WHAT TYPE OF VEHICLE DO I NEED?

The Drive is suitable for licenced road worthy vehicles. Driving is done in convoy and self-drive sections. When in convoy there may be times when we venture onto unsealed roads, however these are suitable for any road worthy, licensed vehicle. During the self-drive sections you will be able to choose your own route. We highly recommend that you have your vehicle serviced prior to embarking on the Drive for MND 2025 and we encourage you to have Roadside Assist for the weekend. Please note if you would like to register a larger vehicle (e.g Coaster Bus) it needs to be approved by the Drive Event Committee upon registration.

## WHAT DO I NEED TO PACK?

The Drive for MND is a casual event and there are no formal dress requirements other than the specified dress up day and night on Day 2. We encourage participants to wear something blue during the day and dress up in 'Back to School' costume in the evening. November weather in Mandurah and the surrounding region generally sees average temperatures in the mid-low twenties. We recommend that you bring some warmer clothes for the evening as temperatures can be cooler. Although rain is uncommon during this time of year, it is always good to be prepared.

## WHAT DOES MY REGISTRATION FEE COVER?

Each participant is required to pay a \$425 non-refundable registration fee. This fee covers all basic meals (breakfast, morning tea, lunch and dinner) over the course of the event, entry into the sub-events or activities, as well as the mystery nights accommodation. Your registration also includes event merchandise (t-shirt and hat) and car decals for your team's car. All additional event expenses including the first night's accommodation in Mandurah, fuel and drinks are at the participant's expense. Please note, the second evening is **BYO** for all your drinks (alcoholic and non-alcoholic).

## HOW MUCH DO I HAVE TO FUNDRAISE & HOW?

Each team is required to fundraise a minimum of \$3,000 per vehicle (or for large vehicles such as buses - \$3,000 for every 4 people onboard your vehicle). You can set up an online fundraising page for your team here: <https://driveformnd2025.gofundraise.com.au/> Many teams choose to hold their own fundraising events to raise money for their team, if you do this, please notify the Drive committee via email [enquiries@carecuresupport.org](mailto:enquiries@carecuresupport.org). As per the rules and regulations, you need to ensure you follow the authority to fundraise guidelines.

## STILL HAVE QUESTIONS?

If you have any other questions please reach out to us on [enquiries@carecuresupport.org](mailto:enquiries@carecuresupport.org)

# FAQS





# What is MOTOR NEURONE DISEASE?

Motor Neurone Disease is a progressive neurological disease in which the nerve cells (neurones) controlling the muscles that enable us to move, speak, swallow and breathe undergo degeneration and die. **There is no known cause, treatment or cure for MND.**

## The Facts\*:

- An estimated 2,100 people are living with MND in Australia.
- An estimated 200 people are living with MND in Western Australia
- Every day two people are diagnosed with MND in Australia and two people die from the disease.
- Globally, over 400,000 people are currently living with MND.
- 10-15% of MND cases are familial where the cause of the disease is primarily due to gene mutation.
- From diagnosis the average life expectancy is 2.5 years.
- Slightly more men than women are diagnosed with MND.
- Approximately 58% of people with MND are under the age of 65
- The total cost of MND in Australia was \$2.37 billion in 2015. This equates to \$1.1 million per person

## \*Sources:

MND Australia

MND Association of Western Australia

Deloitte Access Economics report Economic Analysis of MND in Australia



# Who are CARE CURE SUPPORT?

Care Cure Support is a fundraising health promotion charity that **contributes 100% of the funds it receives to supporting research and families living with Motor Neurone Disease (MND)**. As the name suggests there are 3 key objectives. **Caring** for people living with MND, **Supporting** people and their families living with MND and finding a **Cure** for MND. Managed by a board of directors who all volunteer their time, all administrative costs of the charity are covered by the Whiteman family businesses.



CCS was founded by brothers Mark and David Whiteman and childhood friend, Ken MacLennan, in 2018. Their reason, passion and dedication for raising funds for MND stems from the passing of Ann Whiteman who lost her battle to MND at 7pm on Friday 31<sup>st</sup> May 2002. It was Ann's wish that her husband Ross and her boys, Mark and David, continue to fight for a cure and fundraise to support those living with the disease. Since then, they have kept their promise through various MND fundraising efforts and in particular, their support of the Motor Neurone Disease Association of WA. Ross and David served as President and Vice President respectively for 14 years, whilst Mark became a key financial supporter through the Ray White Group, where he is CEO in Western Australia.



In August 2017, at 72 years of age, Ross retired from his role of MNDWA President – a role that earned him the Order of Australia Medal in 2018. From there the idea of CCS was born. The charity has since raised over \$2million through the Drive for MND, other affiliated fundraising events and donations from many passionate supporters.

**The charity has many dedicated supporters who have joined the journey to find a cure** and continue to passionately raise funds and awareness for the cause and charity.

# TS



## *Journey to a cure*

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